



Lucas County Partnership Agreement

Paramount PCMH & Lucas County Plan through Frontpath Employees

Every employee enrolled in either medical plan must have an annual physical, including blood tests if ordered by a physician, completed Partnership Agreement and a promise to refrain from tobacco or vape products or complete a smoking cessation program during the plan year. A \$500 medical plan deductible will be applied to any employee who fails to meet these requirements by Feb. 28, 2023.

EMPLOYEE: Once you and your physician have signed the Partnership Agreement (PA), **EMPLOYEE** is responsible for sending the completed form to Paramount/Ohio Benefit Administrators (OBA) to avoid a \$500 deductible. Please email the form to Steps2Health@promedica.org or fax to 800-990-7762. Keep a copy of your Partnership Agreement. If you prefer to mail a hard copy, send it to Paramount/OBA PA Info, P.O. Box 928, Toledo, Ohio 43697-0928.

Member ID (found on insurance card): _____ Date of Agreement: _____

Employee Name: _____ Date of Birth: _____

Provider Name (Please print clearly): _____

This PA confirms the commitment of my provider and me to establish personal healthcare goals that support my health and well-being. **THIS AGREEMENT WAS REVIEWED AND COMPLETED AS PART OF EMPLOYEE NAMED ABOVE, ANNUAL PHYSICAL EXAM.**

My personal health goals for this year are:

1. _____
2. _____
3. _____

PROVIDER COMPLETION REQUIRED:

BMI: _____ Height: _____ Weight: _____ Blood Pressure: _____

- Patient uses tobacco products and/or vaping.
*Patient must complete an annual smoking cessation class to avoid a \$500 deductible. * Applies to all employees.*
- Nutritional counseling.
*If checked, provider recommends two nutritional counseling sessions as a part of the patient's wellness goals to promote a healthier lifestyle. * Applies to employees enrolled in the Patient Centered Medical Home (PCMH) Plan only.*

I/PATIENT HAVE THE FOLLOWING CONDITION(S) AND A FOLLOW-UP APPOINTMENT HAS BEEN SCHEDULED. (Mark all that apply)

- | | | | |
|---|--|--|-------------------------------------|
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Chronic obstructive pulmonary disease | <input type="checkbox"/> Coronary artery disease | <input type="checkbox"/> Depression |
| <input type="checkbox"/> Chronic kidney disease | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Hypertension | |

Please note: Disease management programs may be recommended by Paramount, OBA or the provider.

I will meet with my provider again in: 60 days 180 days 365 days (next annual physical)

EMPLOYEE

I agree to partner with my provider to work toward a healthier me. This includes working toward the goals we set and completing programs recommended during my appointment. If I choose **not** to meet with my provider for an annual physical, complete my PA and refrain from tobacco or vape products or complete a smoking cessation program by February 28, 2023, I will be applied a \$500 deductible effective March 1, 2023.

Patient Signature _____ Date of Visit _____

PROVIDER

I agree to partner with my patient for their good health. We have met established goals for this year. I will help keep my patient accountable for their goals listed on this PA. **Please code this Annual Wellness Physical with one of the following CPT codes: 99385-99387, 99395-99397 or 99401-99404.** Questions? Call provider inquiry at 1-888-891-2564.

Provider Signature _____ Date of Physical _____

YOUR NEXT STEPS

If you were identified on your PA agreement for smoking cessation (required under Patient Centered Medical Home Plan (PCMH) & the Lucas County Plan through Frontpath) and nutritional counseling (required under Patient Centered Medical Home Plan (PCMH) only), your next step is to call a location of your choice **under the plan you are enrolled in** and schedule your first appointment.

Patient Centered Medical Home Plan locations:

NUTRITIONAL COUNSELING

Call 419-291-6767 to schedule for an appointment with a dietitian.

ProMedica Mary Ellen Falzone Diabetes Center, Toledo
ProMedica Bay Park Hospital, Oregon
ProMedica Charles and Virginia Hickman Hospital, Adrian
ProMedica Defiance Regional Hospital, Defiance

ProMedica Fostoria Community Hospital, Fostoria
ProMedica Memorial Hospital, Fremont
ProMedica Monroe Regional Hospital, Monroe

SMOKING CESSATION

Select the location nearest you, and call to schedule your appointment with a certified tobacco treatment specialist. Or, send us an email at TobaccoTreatment@promedica.org.

ProMedica Toledo Hospital, 419-291-8034

ProMedica Charles and Virginia Hickman Hospital
Adrian, Michigan
517-577-0192

ProMedica Fostoria Community Hospital
Fostoria, Ohio
419-436-6688

ProMedica Monroe Regional Hospital
Monroe, Michigan
734-240-8033

Lucas County Frontpath Plan locations:

NUTRITIONAL COUNSELING

Call 419-291-6767 to schedule for an appointment with a ProMedica dietician at a ProMedica location listed below.

ProMedica Mary Ellen Falzone Diabetes Center, Toledo
ProMedica Bay Park Hospital, Oregon
ProMedica Charles and Virginia Hickman Hospital, Adrian
ProMedica Defiance Regional Hospital, Defiance
Mercy Health, Sunforest Ct. Suite 100 419-251-1121
Fulton County Health Center, 419-335-2015

ProMedica Fostoria Community Hospital, Fostoria
ProMedica Memorial Hospital, Fremont
ProMedica Monroe Regional Hospital, Monroe
UTMC, 419-383-5378
Wood County Hospital, 419-354-8900

SMOKING CESSATION

Select the location nearest you, and call to schedule your appointment with a certified tobacco treatment specialist.

Mercy Tobacco Education/Smoking Cessation
419-251-1321

ProMedica Toledo Hospital
Toledo, Ohio 419-291-8034

ProMedica Charles and Virginia Hickman Hospital
Adrian, Michigan 517-577-0192