

YOUTH TREATMENT CENTER



STEVE FRUCHEY, YTC ADMINISTRATOR

The Lucas County Youth Treatment Center's (YTC) mission is to rehabilitate juvenile offenders and their families by developing pro-social attitudes, values, beliefs, and skills, increasing community safety, reducing victimization, and supporting youth reintegration with opportunities to demonstrate accountability and responsibility. YTC is American Correctional Association (ACA) accredited and 100% Prison Rape Elimination Act (PREA) compliant. The Youth Treatment Center underwent a PREA audit in June of 2023 and was found compliant with all established standards.

YTC uses a cognitive-behavioral and systems-based approach to corrections, believing, *"Everything together is treatment."* Thoughts, feelings, behaviors, moral development, social skills, substance abuse, relationship issues, and traumatic histories are addressed in individualized treatment planning. Residents have staff assigned to their units facilitating six groups per week. Residents of the Youth Treatment Center are also assigned primary therapists who facilitate individual counseling sessions, family counseling sessions, and groups. The residential specialists facilitated 4697 total groups in 2023. The four primary therapists conducted 314 family sessions, 642 substance abuse groups, and 805 individual treatment sessions in 2023.

All residents work to identify and correct criminal thinking errors. They participate in individual and family therapy and attend school. The group counseling curricula used are: Thinking for a Change; Aggression Replacement Training's Skill Streaming, Advance Practice in Skill Streaming, Anger Control, and Moral Reasoning components, Gang Intervention, Voices for female residents, and Boosters Skill Streaming for residents as they reenter the community. Substance abuse is addressed through youth participation in the Seven Challenges curriculum. Residents also participate in group activities such as a developing a public service announcement during YTC's annual Film Camp, the Ridge Project's TYRO character-building curriculum, and recording of pro-social music as part of the Sing Don't Fight program. Residents are also presented with the opportunity for individual music lessons. Public service and completing any court-ordered restitution help residents address the harm caused to their victims and the community. In 2023, YTC residents completed 70 hours of community service.

YTC served 55 youth and families in 2023, with 34 being new admissions. The makeup of the 34 residents admitted was 24 males and 10 females. Out of the 34 residents admitted, 23 were African American, four were Caucasian, and seven self-identified as other/Bi-Racial. YTC had 31 total discharges as well. Out of the 30 discharges, 23 were successful, for a 77% success rate. The average length of stay for residents in 2023 was 203 days, with the average daily population being 20. Of the 34 residents admitted in 2023, all were admitted into YTC for committing a felony. Eight residents had an F-1, nine had an F-2, four had an F-3, six had an F-4, and seven had an F-5.

Residents also participate in summer school for eight weeks. Individual GED and OGT preparation are also provided. An educational specialist helps youth transition out of YTC back into their home school environment, assisting with any needs. With 4 Toledo Public School teachers, over 6 hours of daily education is offered for the residents. The teachers are trained and implement the behavior management program, but the lead teacher also ensures all 504's are accommodated and all IEPs are valid and supported. Residents at YTC earned 52 credits and one diploma in 2023. A great measuring tool to indicate how hard our residents and teachers work is that 78% of our residents improved their reading level and math level from the pre-test to the post-test while here at YTC. Our Toledo Public School teachers are an

YOUTH TREATMENT CENTER



STEVE FRUCHEY, YTC ADMINISTRATOR

integral part of the team working with our residents.

Each resident is aware of what appropriate behavior is desired for each youth to earn positive incentives and what consequences are earned if inappropriate behavior is displayed. All residents receive a handbook that outlines expectations and procedures. They also receive a manual that details the behavior management system, including consequences and point earning. With appropriate behavior and goal achievements, residents earn commissary, meals with staff, haircuts by a licensed barber, extra phone calls, and extra visits at no cost to the resident.

Lastly, residents are educated on the Federal Prison Rape Elimination Act (**PREA**). Safety for both staff and residents in the facility is of the utmost importance. Lucas County Court and the Department of Youth Services recognize how imperative safety is by prioritizing equipment purchases and policy reviews, resulting in a safer, friendlier environment. In 2023, YTC continued to update the digital camera recording system as needed. Coupled with mirrors throughout YTC to enhance eyes on supervision, the recording system offers a safer setting for staff and residents. With safety remaining a priority, residents are taught multiple, unimpeded ways to report sexual abuse in the facility. Each resident entering the facility signs for and receives a PREA informational pamphlet with all pertinent material printed on it for their reading. The Juvenile Court website was also updated, per policy, for any interested party to file a concern about sexual abuse in a Lucas County Juvenile Court Facility: <https://www.co.lucas.oh.us/FormCenter/PREA-8/PREA-Sexual-Misconduct-Reporting-Form-43>. We proudly report that The Lucas County Youth Treatment Center had 0 PREA incidents in 2023.

YTC residents also have access to medical care at the facility. The medical team consists of a full-time registered nurse, a nurse practitioner, and a physician. In 2023, our RN conducted 576 sick calls, prioritizing the health and safety of our residents. In 2023, the nurse also trained staff on medication dispensing and educated the residents on HIV/AIDS. YTC also continued an initiative working with The University of Toledo College of Medicine. First-year pre-med students come into YTC and run educated, interactive groups with our youth. The medical students cover various topics, such as how the human heart functions, the cardiovascular system, the effects of drugs and alcohol, and mental health and wellbeing. For this one-hour group, youth have the opportunity to learn and ask any related medical questions to our student medical guests. The residents complete post and pre-test with their answers reviewed to ensure they comprehend the subject matter. The pre-test also allows them to provide their feedback on the presentation and facilitators.■